



MEDICAL TEAM, LICENSING & CLINICAL GOVERNANCE

Who cares for you, and how your safety is governed.

Choosing an ibogaine provider is a medical decision. This document sets out the licensed clinicians who deliver and oversee care at MindScape Retreat, the qualifications they hold, and the clinical-governance and cardiac-safety architecture that surrounds every treatment. Every physician-led flood dose is delivered under continuous cardiac telemetry with an ACLS-ready medical team.

CLINICAL DIRECTION

Licensed M.D., on-site

CARDIAC SAFETY

Continuous telemetry

PSYCHOLOGICAL CARE

Licensed psychologists

PATIENTS TREATED

1,000+ ibogaine cases

1 Clinical Leadership

MEDICAL DIRECTOR & OVERSIGHT

Dr. Arellano, M.D.

1,000+

Clinical Director · MindScape Retreat

IBOGAINE PATIENTS PERSONALLY TREATED

Dr. Arellano personally directs the medical care of every patient — from pre-treatment clearance and EKG/QTc review through intra-treatment cardiac telemetry and post-treatment prescriber handoff. He designed MindScape's on-site total-alkaloid (TA) bridging protocol for patients discontinuing antidepressants, benzodiazepines, and opioid agonists prior to flood dose.

M.D., Universidad Autónoma de México

Board Certified — Addiction Medicine

Cardiac monitoring & ACLS certified

Member — International Ibogaine Therapy Alliance (IITA)

Mexican College of Addiction Medicine

15+ years in addiction medicine · 10+ years in ibogaine-assisted treatment · Languages: English, Spanish

SG

Scott Gagel

Senior Medical Advisor

- Licensed US Physician (25+ years of practice)
- Specialist focus on plant medicine and integrative medicine

Oversight: Protocol review for opioid-use-disorder, depression, and chronic-pain indications · US-side referral and prescriber communication · medication-bridging for cross-border transitions.

LC Luisa Cab, RN

Head Nurse

- Registered Nurse (RN) — acute and integrative care experience
- Cardiac telemetry monitoring and vital-sign documentation

Oversight: Continuous bedside monitoring throughout every flood-dose session · EKG telemetry interpretation handoff to physician · pre- and post-treatment assessment and comfort care.

CB Catherine Bellato

Lead Psychologist

- Licensed Psychologist
- Trauma-informed CBT certification

Oversight: Pre-treatment psychological assessment and contraindication screening · integration roadmap design (4-week, 12-week, 6-month checkpoints) · trauma-informed therapy on-site.

AS Anita Scanlan

Clinical Psychologist

- Licensed Clinical Psychologist (UK)
- Cognitive Behavioral Hypnotherapy (CBH) certification

Oversight: Bilingual (English/Spanish) integration sessions · CBH-based relapse prevention · applied-neuroscience psychoeducation.

3 Integration & Specialty Team

AFTERCARE & EMBODIED INTEGRATION

JT Jenna Turner

Psychologist & Dive Therapist

- Psychologist
- Certified PADI Dive Instructor
- US Military Veteran

Oversight: Veteran intake and military-trauma-informed assessment · dive-therapy session design for moral injury and PTSD integration.

ER Edelma Rodriguez

Yoga, Meditation & Sound Therapy

- Certified Yoga Instructor
- Sound Therapy Practitioner · Guided Meditation Facilitator

Oversight: Daily yoga and meditation programming · vibrational sound therapy for grounding and somatic integration during the on-site stay.

4 Clinical Governance & Cardiac-Safety Architecture HOW EVERY TREATMENT IS PROTECTED

Physician-led medical clearance

Pre-treatment EKG and QTc review, laboratory interpretation, and medical clearance are completed and signed by the licensed Clinical Director before any patient proceeds to flood dose.

Continuous cardiac telemetry

Every flood-dose session is delivered under continuous cardiac monitoring, with the head nurse at the bedside and telemetry interpretation handed off to the physician.

ACLS-ready emergency response

Medical oversight is ACLS-certified, with defined response readiness for bradycardia, QTc prolongation, and autonomic instability.

On-site medication bridging

Full-spectrum total-alkaloid (TA) bridging supports patients discontinuing SSRIs/SNRIs, benzodiazepines, and opioid agonists — supervised by the Clinical Director.

Licensed psychological integration

Licensed clinical psychologists provide contraindication screening, trauma-informed therapy, and a structured integration roadmap at 4 weeks, 12 weeks, and 6 months.

Prescriber continuity of care

Post-treatment medication review and prescriber handoff maintain continuity between the on-site team and each patient's home physicians.

Regulatory context — stated plainly. Ibogaine is not an FDA-approved medication in the United States; MindScape Retreat operates as a physician-supervised clinic in Cozumel, Quintana Roo, México, where treatment is delivered by licensed clinicians under continuous medical monitoring. Individual clinician license and board-certification documentation is available for verification on request through the Clinical Director's office.

5 Legal Entity & Regulatory Standing

CORPORATE & REGULATORY REGISTRATION

■ **Registered corporate name**

MindScape Retreat Wellness Center

Authorized by México's Secretaría de Economía (Dirección General de Normatividad Mercantil).

■ **Registered with COFEPRIS**

Comisión Federal para la Protección contra Riesgos Sanitarios — México's federal health-risk authority — via the DIGIPRIS platform.

■ **Location & supervision**

Cozumel, Quintana Roo, México.

Physician-supervised clinic with an on-site licensed M.D. Clinical Director.

Corporate and regulatory registration documentation is held on file and available for verification on request.

Clinical attestation. The qualifications and clinical-governance protocols described in this document reflect the medical team and safety architecture in place at MindScape Retreat, and are reviewed by the Clinical Director for accuracy.

Dr. Arellano

Dr. Arellano, M.D. — Clinical Director, MindScape Retreat

J. Gillespie

Jarrad Gillespie — Founder, MindScape Retreat



MindScape Retreat · Cozumel, Quintana Roo, México · mindscapecretreat.com · Documentation available for verification on request.